

Should I be tested for COVID-19

ANY person who has returned to Manitoba, in the last 14 days, **MUST** remain at home and avoid contact with others (including members of their household who did not travel with them) until they have been in Manitoba for a full 14 days AND no longer have cold or flu-like symptoms.

If they are feeling healthy they do **NOT** need to call Health Links-Info Santé.

For all other inquiries related to testing, here is a quick guide indicating when to call Health Links-Info Santé to determine if whether testing is required or not.

Anyone who has **ANY** of the following symptoms: cough, runny nose, fever, shortness of breath, sore throat must remain at home and stay away from other people.

Anyone with the above symptoms AND who answers **YES** to one of the following questions should call Health Links-Info Santé for more information and further direction.



WINNIPEG • 204-788-8200
TOLL FREE • 1-888-315-9257 • SANS FRAIS

Call Health Links-Info Santé if you have cold or flu-like symptoms AND:

- You have traveled outside of Manitoba in the last 14 days;
- You have been in contact with someone who is confirmed to have COVID-19.
- You have been in contact with a laboratory specimen confirmed to contain COVID-19.
- You have been in a large group setting (like a conference) where someone is confirmed to have COVID-19.
- You are a health-care worker.
- You live, or work, in a remote or isolated community OR a group setting (such as a correctional facility, long term care facility or a shelter)
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If you do NOT have the above symptoms you do not need to call Health Links-Info Santé or be tested for COVID-19 at this time.